

Key Messages

You are your child's first and best teacher.

- Follow your child's lead as you play and discover together.
- Talk, sing and read with your child in your first language.
- Help your child learn to share and take turns.
- Encourage your child to make choices and decisions.
- Celebrate your child's learning.

Talk Read Create Play every day!



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Talking and Singing Build:

- relationships
- memory
- rhythm & rhyme
- belonging
- enjoyment of music
- listening and speaking skills
- an appreciation for cultural stories and oral traditions



Reading Builds:

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- vocabulary
- a sense of story
- knowledge
- print and letter and number awareness



Creating Builds:

- problem-solving
- imagination and personal expression
- measurement, geometry & spatial sense
- small & large muscle control and coordination



Playing Builds:

- decision making
- cooperation
- physical skills
- curiosity
- self-awareness & regulation
- math concepts & vocabulary
- confidence & well-being
- empathy & understanding